

Agenda

ACHIEVE Wellness CHART Meeting

10/4/12

- I. Introductions
- II. Fundraising Event
 - a. Miles for Your Health – Saturday, October 20 at 8:00 a.m. (brochure to Katopish)
 - b. Sponsors
- III. Allocating Funds to New Sub-Committees (budget)
- IV. Marketing (website – continue to update)
 - a. New brochures
- V. New Data from LCCHA (will be used to help guide Corner Store efforts)
- VI. Menu Labeling – Update
- VII. Sub-Committee Updates
 - a. Worksite
 - i. Mini-Grants – 4 worksites were funded
 - 1. City of Painesville
 - 2. Juvenile Court
 - 3. New Avenues to Independence, Inc.
 - 4. WorkPlace Media
 - ii. Survey (surveys due Oct. 15)
 - b. Community
 - i. Food and Nutrition program (2 classes left; ~\$2,000, 400 vouchers)
 - ii. Corner Store Survey (to be addressed next month – will use new data)
 - iii. Community Gardens (post assessments will be sent Oct. 15)
 - c. Aging
 - i. Senior Center Assessments (5 completed, 4/5 directors interested in ACHIEVE – vending machines, farmers market, diabetes self management, registered dietitian)
 - d. Behavioral Health
 - i. September meeting was canceled (address Worksite survey)
 - e. Schools
 - i. Assessments
 - ii. Food Service Workshop
- VIII. NACDD Communities ACHIEVEing Success

Next Meetings:

CHART	Thursday, December 6 th at 1:30 pm
Community	Wednesday, November 7 th at 1:30 pm at the Metroparks
Worksite	Tuesday, November 13 th at 3:30 pm at Lakeland
Behavioral Health	Tuesday, November 20 th at 1:00 pm at the ADAMHS Board
Aging	Wednesday, November 28 th at 3:00 pm at the Health District
Schools	Thursday, November 29 th at 9:00 am at the Health District

Meeting Minutes

Meeting: ACHIEVE Wellness CHART Meeting

Date: October 4, 2012

Time: 1:30 pm

Location: Lake County General Health District

Partners Present:

Matt Battiato	Lake County Job and Family Services
Donna Cook	Cleveland Clinic
Kim Fraser	Lake County ADAMHS Board
Dave Gilmer	Lake County Development Council
Sally Klock	Lake County Family & Children First Council
Sharon Minjares	Lake Health
Gary Robinson	Lake Health
Traci Salkiewicz	Lake County Engineers Office
Sharon Sharpnack	Lake Metroparks
Lisa Siciliano-Miller	OSU Cooperative Extension
Joey Tomsick	Lake County Council on Aging
Katelyn Barbis	Lake County General Health District

Fundraising Event

- Miles for Your Health will take place on Saturday, October 20th at 8:00 a.m. at Veteran's Park in Painesville. This is ACHIEVE Wellness' first fundraising event. The City of Painesville has offered to split the proceeds with ACHIEVE.

Budget

- The group discussed allocating funds to the Aging and Behavioral health sub-committees. K. Fraiser and J. Tomsick agreed that they did not expect any money when the sub-committees were created. The group decided that funds will be disbursed to the two sub-committees on an as needed basis.
- A reassessment of the financial plan will be on the agendas for the November sub-committee meetings as well as the December CHART meeting.
- D. Gilmer suggested looking into the Cleveland Foundation and the Lubrizol Foundation for additional funding.

Marketing

- New brochures are going to be purchased as the current brochures are outdated. Aging and Behavioral Health need to be added to the ones that are going to be ordered.

Menu Labeling – Lake Health

- S. Minjares stated that the group working on the menu labeling with Dr. Berkeley has not met since it was last discussed at the June CHART meeting.

Sub-Committee Updates

Worksite

- Mini-grants were awarded to 4 worksites; City of Painesville, Juvenile Court, New Avenues to Independence, Inc., and WorkPlace Media.
- The Worksite Survey that was developed by Promark Enterprises is due back to Pat Perry by October 15th. This data will help ACHIEVE capture worksite wellness successes as well as challenges in small, medium, and large businesses.

Community

- There are 2 classes left for the Food and Nutrition program taught by OSU Extension. A little over half of the vouchers have been distributed. It will be up to the group to decide at the November meeting if we want to have the money refunded or put towards next year's program.

- The group was waiting for the second round of LCCHA data to make a decision about the Corner Store Survey and what the next steps will be. The data has been received and will be on November's agenda.
- The community gardens were a great success this growing season. The post assessments are being sent out October 15th and will be used for reporting outcomes to Kaiser.
- A slideshow of pictures were shown to the group of both community gardens and the Hopkins Elementary garden.

Aging

- A total of 5 senior center assessments have been completed. K. Barbis has completed the assessments onsite with the directors. All, but one director is interested in working with ACHIEVE to make small changes. A few interests that have emerged since the assessments have been: diabetes self-management classes, weight management, cooking classes, and vending machine improvements.
- K. Barbis will approach the 6 remaining centers once plans are in place for the original 5 centers.

Behavioral Health

- The group will decide what the next steps are at November's meeting.

Schools

- The group decided to hold off on the mini-grants that were to be awarded in the Fall. School assessments will be completed and the group will make a decision about the mini-grants after all the assessments are done.
- The school assessment will be developed from the school CHANGE Tool. It will be one page, front and back, which will be more user-friendly than the CHANGE Tool. The goal is to complete 20 assessments out of the ~50 school buildings in the county and to have 3 parents complete the assessment per principal.

ACHIEVE Community

- It was brought up that Fairport Harbor was named an ACHIEVE Community – the idea behind this was to achieve higher level policy changes in a small community. G. Robinson suggested using this as an opportunity to create guidelines as to what an ACHIEVE Community should look like and to give other subdivisions an opportunity as well.
- This conversation led into sustainability and the overarching goal of ACHIEVE which will be discussed by the sub-committees in November as well as by CHART in December.

Next Meeting: Thursday, December 6th at 1:30 p.m. at the Health District